

Improving Access to Respiratory Care for Disadvantaged Populations:

One-stop respiratory care in a trusted community setting

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Introduction

The Seaview Project supports disadvantaged individuals. including those experiencing:

- Homelessness
- Substance misuse
- Mental health challenges
- Offending history

These populations often experience significant barriers to healthcare access and have a high burden of undiagnosed respiratory disease.

RESPs at East Sussex Healthcare NHS Trust partnered with Seaview to pilot a community-based one-stop respiratory clinic, improving access to diagnosis, assessment and holistic support.

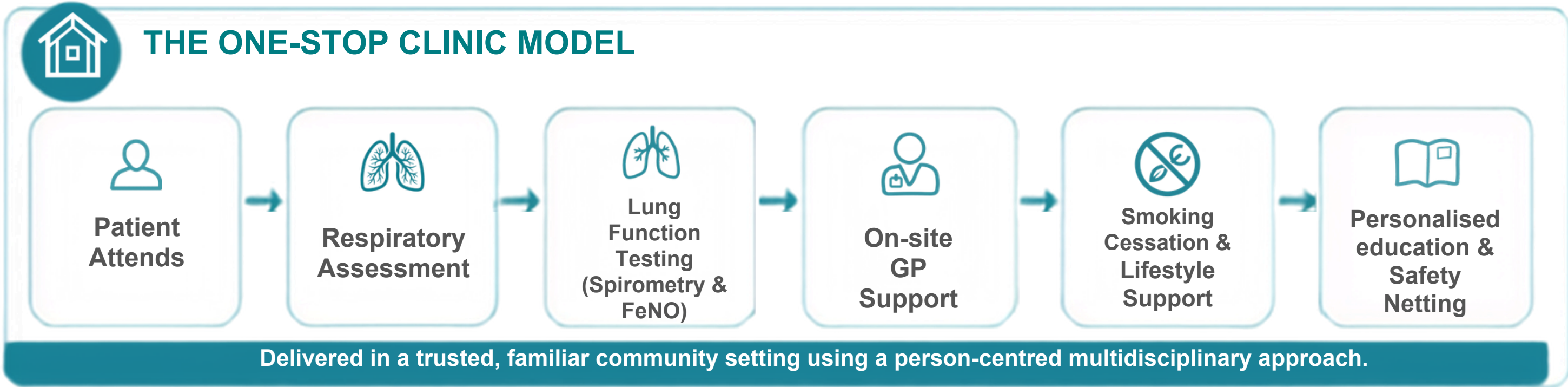
Methods

A multidisciplinary clinic was delivered on-site at Seaview, integrating respiratory assessment with wider health and wellbeing support.

Patients received:

- Clinical respiratory review
- Micro-spirometry as initial screening tool
- Spirometry where appropriate
- FeNO testing where appropriate
- Inhaler technique education
- Smoking cessation support & Lifestyle advice provided by One You East Sussex

Patient feedback was collected after clinic attendance.



Results

Activity

10 Patient assessments 9 Completed spirometry 4 Underwent FeNO testing

Diagnoses made

	COPD	5
	Asthma	1
	Suspected Obesity Hypoventilation Syndrome	1
	Did not meet COPD criteria	3

Holistic Support

All patients received personalised education including:

- Inhaler technique optimisation
- Breathlessness management
- Airway clearance techniques
- Self-management strategies

All patients with confirmed COPD were referred into the RESPS pathway for ongoing support.

One patient not registered with a GP was assessed and prescribed inhalers during the clinic.

Patient Experience

100%

Satisfaction



Feedback highlighted that the clinic was kind, person-centred and accessible.

"Without the close I would have been unlately to seek care."

Future Plans

- Repeat community respiratory clinic
- Expansion of the one-stop model
- Earlier respiratory diagnosis
- Ongoing engagement with disadvantaged groups
- Stronger integration between respiratory and community services

KEY MESSAGE

Bringing specialist respiratory care into trusted community settings can reduce barriers to assessment, diagnosis and ongoing support for people experiencing health inequalities.