Equipping you to improve respiratory care

Assessing patients with advanced COPD

As COPD progresses, the group of patients with very severe disease may reach a point where their assessment and review needs to be less disease specific and more holistic. In addition, there are generic issues that can help to predict that such patients are nearing the end of their lives.

This practice improvement worksheet helps to identify the trigger points where such generic tools can help to inform patients, families and clinical teams that the patient is in the final phase of their illness.

Ensuring that patients approaching the end of their life are supported by a multi-disciplinary team (within a recognised and effective framework) is an achievable and desirable goal.

- **PCRS-UK Resources:**
- PCRS-UK Opinion sheets Telehealth, Social and lifestyle impact of COPD, COPD self-management and self-care, Hospital at home, Palliative care
- PCRS-UK Quick Guide to the diagnosis and management of COPD in primary care
- Other Resources:
- GOLD standards Framework http://www.goldstandardsframework.org.uk/
- Living and Dying Well http://www.livinganddyingwell.org.uk/
- SPARC Holistic tool: http://www.ncsi.org.uk/wp-content/uploads/SPARC-Brief-History-and-Usage.pdf
- National Institute for Health and Clinical Excellence (NICE)
 Clinical Guideline 101. Management of COPD in adults.
 http://guidance.nice.org.uk/CG101
- GOLD Global strategy for the diagnosis, management and prevention of COPD

- ✓ Better end of life care for people with COPD
- Better more appropriate treatment for people with COPD
- Management in line with national guidance

Practice Improvement Worksheets, DRAFT version 01, Date of Expiry December 2015

This series of practice improvement worksheets are intended for members to use within their practice. This is a pilot project, prepared in DRAFT format. Please tell us what you think! We would like feedback on the accuracy, completeness, usefulness and outcomes of the resource. To submit your feedback visit https://www.surveymonkey.com/r/EQUIPPIW

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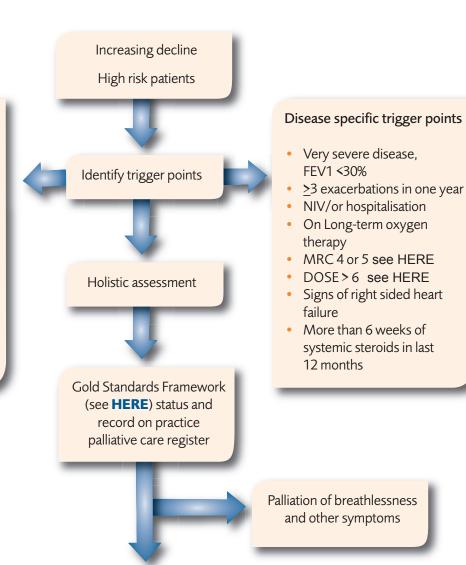
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Generic trigger points

- Advanced, progressive incurable conditions
- General frailty and coexisting conditions that mean they are expected to die within 12 months
- Existing condition if they are at risk of dying from a sudden acute crisis in their condition
- Life-threatening acute conditions caused by sudden catastrophic events



Identify: Include the patient on the practice GSF/QOF palliative / supportive register or locality register if agreed. Discuss at team meeting.

Assess: Discuss this with patient and carers, assess needs and likely support and record advanced care planning discussions and decisions

Plan: Plan and provide proactive care to improve coordination and communication

Ongoing care: See Holistic management in COPD practice improvement worksheet



