



# Post-acute asthma care bundle

The asthma discharge care bundle is a short list of evidence-based practices which should be implemented prior to discharge for all patients who have been admitted with an acute exacerbation of asthma. It is based on a review of national guidelines and other relevant literature, expert opinion and consultation with patients. The bundle is being adopted in various hospitals across the UK and could also be used in practice to follow on from an unscheduled episode of Asthma care.

Practice organisations should ensure that there is an effective way of identifying patients who have been admitted to hospital or received unscheduled care for their asthma.

This practice improvement worksheet covers the four key points of review.

- ✓ Improved care planning
- ✓ Better anticipatory care/ reduced readmissions
- ✓ Management in line with national guidance
- ✓ Reducing the impact of unscheduled care in the practice

## PCRS-UK Resources:

- PCRS-UK Opinion sheets - Smoking cessation, Inhaler devices, High risk asthma, Asthma action plans, Asthma in adolescence, Managing acute exacerbations, Optimal asthma control, Tailoring inhaler choice
- PCRS-UK Quick Guide to the diagnosis and management of asthma in primary care
- PCRS-UK Acute asthma protocol, Asthma assessment and review
- PCRS-UK Asthma checklist

## Other Resources:

- Implementing an acute care bundle. J E McCreanor, J Pollington, T Stocks, L Chandler. *Thorax* 2012;**67**:A183 doi:10.1136/thoraxjnl-2012-202678.363
- BTS/SIGN Guideline for the management of asthma - see <http://www.sign.ac.uk/guidelines/fulltext/101/index.html>

Practice Improvement Worksheets, DRAFT version 01, Date of Expiry December 2015

*This series of practice improvement worksheets are intended for members to use within their practice. This is a pilot project, prepared in DRAFT format. Please tell us what you think! We would like feedback on the accuracy, completeness, usefulness and outcomes of the resource. To submit your feedback visit <https://www.surveymonkey.com/r/EQUIPIIW>*

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