


The PCRS Respiratory Conference 2020
25th-26th September 2020



The must-attend event for all healthcare professionals interested in developing best-practice and integrated respiratory care

- Holistic
- Supporting
- Integrated
- Greener

The online PCRS Respiratory Conference 2020

The PCRS Respiratory Conference will for the first time this year be held online because of the COVID-19 pandemic

It will be delivered to delegates in their own homes or workplaces and will feature high quality virtual educational sessions with leading respiratory speakers. Delegates will be able to interact and ask questions.

Conference Organising Committee Chair, GP Katherine Hickman says: "The PCRS conference is the highlight of the year for the respiratory community and this year's event will be no different. We have built on the planning that we had already undertaken and have adapted the content for a virtual audience.

"We have kept the focus on greener, patient centred healthcare and key clinical topics and have introduced some key learning from the COVID-19 pandemic along with a focus on what our priorities need to be for the future with coronavirus circulating in the community.

"Speakers will pre-record their presentations then join the conference live to participate in discussions with delegates. We are aiming to make the conference as interactive as possible and to give delegates excellent value for money."

Elements of the popular hands-on workshops have been incorporated into the programme with sessions such as Tai Chi, singing and dancing techniques to improve breathing and relaxation techniques that delegates will be able to join in with at home or in their workplaces, giving them a break from their screens.

There will also be a virtual social programme and interactive activities via the conference app.

Nicola Wood, advanced nurse practitioner and joint Vice Conference Organising Committee Chair, says: "We know that delegates enjoy the interpersonal aspects of the PCRS Conference so this year we have tried to maintain the community feel of the event by ensuring that people will have every opportunity to participate in round table discussions with respiratory experts and to meet and interact with fellow healthcare professionals and reps via the online platform.

"This will be an opportunity for the wider audience to participate in and enjoy the fabulous energy and sense of fun that are always a big part of the ethos of the PCRS Conference."

Darush Attar-Zadeh, pharmacist and joint Vice Conference Organising Committee Chair, says: "We are working to make sure that the event will feel like a conference rather than a series of webinars.

"A lot of people are going to miss being in Telford, our usual conference venue, but we hope that we will still be able to make all our regular delegates feel welcome online and that we will also attract a lot of new respiratory interested healthcare professionals who will be able to sample the high quality learning that the PCRS Conference offers.

"Previously individuals came to the conference then took the learning back to their



practices but this year whole teams and practices will be able to share the online learning together.

“What I am looking forward to this year is all the learning from the COVID-19 pandemic that I can share in my local area. By the time September comes around we will have even more information about the virus and people will be able to learn

from each other’s experiences.

“This year we have some of the top respiratory experts in the country speaking at the conference and the standard of learning will be extremely high. As always, the programme will be relevant for all the different multidisciplinary members of the respiratory team.”

The programme

Opening address: delivered by PCRS Executive Chair Carol Stonham

Greener healthcare

- Greener healthcare that is kinder to the environment: a panel discussion including speakers: Dr Richard Smith, Chair, UK Health Alliance on Climate Change and former editor of the BMJ and Matthew Sawyer Director of environmental consultancy SEE Sustainability
- Inhaler devices: Switching to eco-friendly inhalers safely – how to ensure the patient has the right inhaler to help them control their asthma. Speaker: Matthew Sawyer. Plus a practical session on inhaler technique training led by Darush Attar-Zadeh.

Clinical: Asthma and COPD

- Asthma: Does my child have asthma? Speaker: Ian Sinha, Consultant Respiratory Paediatrician with a special interest in childhood asthma and neonatal lung disease and paediatric clinical lead for the National Asthma and COPD Audit Programme (NACAP)
- Severe asthma – the evidence for treatments. Speaker: Professor Andrew Menzies Gow, Consultant Respiratory Physician, Royal Brompton Hospital, London and NHS England National Clinical Director for Respiratory.
- COPD and post COVID-19. The acutely unwell COPD patient. Speaker: Patrick White, GP and Reader in Primary Care Respiratory Medicine in the School of Population Health Sciences at King's College, London.
- The acutely unwell post COVID-19 patient. Speakers: Daryl Freeman, GP and PCRS Service Development lead and Sarah Elkin.
- Diagnosis session - how to assess the acutely breathless patient making sure we don't miss anything. Speaker: Vince Mak, Consultant Physician, Imperial College Healthcare NHS Trust
- Diagnosis: how to diagnose asthma and COPD in the post COVID-19 era without the usual diagnostic tests.

Learning from COVID-19

- The new virtual respiratory review and group consultations.
- The impact of COVID-19 on the environment and how we can sustain the benefits
- Oxygen therapy treating COVID-19, ambulatory and palliative care
- Round table discussions – topics to include breathing pattern disorders, pulmonary rehabilitation, virtual monitoring, managing breathlessness, end of life care and advanced care planning.

Treating Tobacco dependence

- What nicotine delivery system should we be advising in the COVID-19 era? Speaker: Dr Nick Hopkinson, Medical Director of the British Lung Foundation.

Wellbeing and rehabilitation – both of ourselves and our patients

- Supporting mental health post COVID 19
- Looking after ourselves and others following COVID-19. Speaker Terry Stuart, GP and expert in managing stress
- Cognitive behavioural therapy (CBT) as a root to change behaviour. Speaker Karen Heslop Marshall, respiratory nurse consultant, Newcastle upon Tyne NHS Foundation Trust.
- Rehabilitation and supporting behaviour change in the post COVID era – virtual pulmonary rehabilitation, technology for pulmonary rehabilitation and what about patients who can't connect.
- Relaxation and breathing – Kate Binnie, mindfulness expert
- Tai Chi for managing stress
- Singing for Breath
- Mindfulness interactive session

Satellite symposia offered by our pharmaceutical partners

Research

Research at the conference will comprise a session to highlight the prize winners, a research round-up and an interactive researcher session.

Prizes will be awarded to the best abstract, the best research poster, the best poster for patient involvement and the best poster for service development. The best abstract will be announced by Carol Stonham in her opening address and the author will give a short oral presentation about their work. Luke Daines will then introduce each poster and discuss their key messages.

All the accepted posters and video presentations by their authors will be available in an interactive gallery giving delegates the opportunity to comment and contact the authors. They will

also be published in a special edition of Primary Care Respiratory Update. Poster prize winners will be eligible for a 50% discount on the article processing charge if their paper is accepted by *NPJ Primary Care Respiratory Medicine*.

Steve Holmes, PCRS Education Lead will deliver the Bite Size Journal Update highlighting the key primary care respiratory research conducted during the year.

Ann Hutchinson, research fellow at the University of Hull and acting PCRS Research Lead, says: "The PCRS Conference and annual researchers meeting are opportunities for primary care respiratory researchers to showcase their work to the wider community, gain inspiration from the work other researchers are doing and to network with the primary care research community."

Delegate fees are £50 for nurses and allied healthcare professionals and £75 for GPs. Members will have on demand access to all content for one month after the conference and then via the PCRS website. Non-members will not have the on demand access unless they join (the discount can be claimed by those who join and register for conference).

- Visit the **PCRS Conference website** for more details about the programme and how to register.
- Visit the **PCRS Research Network page** for further information about the research meeting.

Date of Preparation: June 2020 Version 1



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This year's virtual conference enables us to bring delegates even more content and experiences. Our virtual platform is packed with interactive features, amazing visuals, resources and tools – including, live interactive webinars, downloadable materials, abstract lounge with posters and videos, mindfulness sessions, networking lounges, a virtual exhibition and a social programme.

Virtual

Diverse programme

Designed by a multi-disciplinary team of general practice, community and integrated care respiratory experts, the programme features:-

- Latest clinical updates on respiratory conditions relevant to every-day practice including the latest in managing the post-COVID patient
- Innovative service delivery solutions in the COVID era
- Showcasing the latest in scientific data via our online poster room and winning abstract presentations

Who Should Attend

This is the must attend conference for all professionals involved in respiratory care in a primary or community care setting including doctors, nurses, pharmacists, physiotherapist, paramedics and researchers. Our testimonials show the diverse range of attendees who come together for this unique event.

Huge savings

Save money on travel and accommodation whilst being kinder to environment as you access the whole conference online from anywhere. The virtual conference platform is mobile friendly, and can be accessed via pc, tablet or mac. No special software or downloads are required.

Registration from as little as £50 for both days and members will also receive on-demand access for 30 day

View the programme and speakers and register now at <https://www.pcrs-uk.org/annual-conference>

2020 Conference
sponsors

