

PCRS News round-up

RESPIRATORY LEADERS

This year sees the return of our highly respected respiratory leadership course. We are delighted to welcome back facilitator Catherine Blackaby, who will be supporting our face-to-face event in June. Free of charge to members, this course provides a fantastic opportunity for you to grow in confidence, overcome workplace isolation, and understand and develop your leadership skills. It dovetails with the PCRS conference compassionate leadership stream and helps you to lead and drive high-functioning teams. Find out more at <https://www.pcrs-uk.org/respiratory-leadership-programme>.

COMMITTEE NEWS

Since our last issue of *Primary Care Respiratory Update*, we have seen a number of changes to our executive and sub-committees composition. This year we have welcomed Bev Bostock to the PCRS Executive and also welcomed, for a further term of office, Daryl Freeman, Ren Lawlor, and Vince Mak. Our thanks go to Dominika Froehlich-Jeziorek, who completed her term of office this year. We have also welcomed Dhiren Dayal and Sian Jones to our education committee, Michelle O'Driscoll and Lizzie Williams to our service development committee, Daryl Freeman, Maisun Elftise, Helen Ashdown, and Dhiren Dayal to our Policy Forum, and Kay Hughes to our Respiratory Leaders Programme Board. We would like to thank and acknowledge the hard work of all our committee members and trustees, both past and present. Without the hard work and dedication of these inspiring and talented individuals, we would not be able to deliver the work that we do.

If you are interested in getting more involved with

the organisation, why not consider applying for one of our committees in 2023.

ONLINE LEARNING MODULES

We are delighted to be able to offer members of PCRS a new learning opportunity with the introduction of a series of online learning modules. The first three modules provide an introduction to delivering greener, kinder respiratory care. Members can access them free of charge directly through their member dashboard. Each module features some text to read and a short video, which is followed by a series of short questions. Members who complete the modules will receive a handout and certificate for inclusion in their professional portfolio. Over the course of time, we plan to build on these learning modules to support healthcare professionals, irrespective of profession, in learning and developing their respiratory knowledge. To access your dashboard, simply login to the PCRS website.

PCRS PODCASTS

PCRS has over 25 podcasts available to members. Our podcasts cover a range of subjects, from asthma in children and young people to managing COPD and Interstitial Lung Disease. Topical podcasts you may wish to tap into include our series on One Airway, which explores the concept of one airway: one disease (<https://www.buzzsprout.com/1490989/episodes/12547549>), the differential diagnosis of allergic rhinitis (<https://www.buzzsprout.com/1490989/episodes/12547551>), and the treatment of allergic rhinitis (<https://www.buzzsprout.com/1490989/episodes/12584605>).

We also have a podcast on fitness to fly (<https://www.buzzsprout.com/1490989/episodes/12352890>), which is an important factor as we head into the holiday season.

PCRS ASTHMA MYTHS

Despite the reality of high asthma death rates in the UK, many asthma myths continue to exist, which means that many people do not take their condition seriously. Our fantastic series of short animations helps to dispel the myths around asthma and highlight the importance of appropriate and effective management and trigger avoidance, as well as preventing over-reliance on SABA inhalers.



Use it to help your team learn about asthma myths, and you may even want to share it with your patients.

POPULATION BASED RESPIRATORY HEALTH

Developed by the PCRS Service Development Committee, the Respiratory Service Framework (RSF) helps those looking to design a patient-focused respiratory service working across all sectors of out-of-hospital care to see the ideal components for a given population of patients. It has been designed to be applicable and helpful to those delivering care at a PCN or ICS level.

Find out more at <https://www.pcrs-uk.org/respiratory-service-framework>. A range of tools, including a workforce calculator and helpful videos, provide guidance on how the framework can be used.