

PCRS Respiratory Conference 2024: Highlights, Insights, and New Perspectives

This year's conference was a resounding success, cementing its place as a highlight in the PCRS calendar. With five parallel streams dedicated to clinical practice, service development, professional growth, hands-on workshops, and the latest research, the conference offered something for everyone.

PCRS Executive Chair Katherine Hickman set the tone in her opening address, assuring delegates; "you belong here." The feeling of inclusion was echoed in feedback from attendees, including those who attended on their own as part of 'Team Solo'. The inclusive and welcoming atmosphere was matched by a record-breaking turnout of over 500 attendees, making it our most well-attended conference to date!



The opening keynote, delivered by Professor Lucy Easthope, was nothing short of inspiring. Lucy (aka 'the antidote to despair'), shed light on the powerful impact language can have and reminded attendees of the importance of prioritising self-care.

The conference programme delved into respiratory hot topics providing insights that have the potential to transform practice. From learning to think outside the box when it comes to diagnosis to recognising the transformative potential of lifestyle medicine for those with respiratory conditions, the programme was packed with actionable insights and informative case studies. At every opportunity, the importance of compassionate, person-centred care was underscored.

This year's PCRS Conference saw our most well-attended poster walkaround session as well as a record-breaking number of accepted abstracts. The structured walkaround hosted by Paul Stephenson, Chair of the PCRS Board of Trustees, featured excellent summaries from abstract presenters, leading to insightful discussion and sharing of best practices. Access to the abstracts and posters from this year's event is now open to all.

Paul noted that this year saw "the highest number of abstracts ever submitted" and we encourage you to consider submitting an abstract for PCRS 2025. Submissions will open soon via the PCRS website <https://www.pcrs-uk.org/conference/abstracts>. This year's submissions are open to all to browse <https://www.pcrs-uk.org/conference/2024/abstracts>

A big thank you goes out to all the speakers, faculty, and organisers who worked tirelessly to bring this event to life. We're also grateful to our sponsors and exhibitors, whose support helps make the PCRS conference possible each year. Thanks also to our patient reference group who helped us ensure the voice of the patient was at the heart of our programme. The patient reference group also reviewed all posters and awarded the most patient centred poster to DM Edwards for their poster, Lessons in Asthma – improving the management of respiratory conditions in a primary school setting.

Congratulations to Zoe Moon *et al* for the winning conference abstract, The Reliever Reliance Test: evaluating a pragmatic tool to address SABA over-reliance. You can view all the winning abstracts at <https://www.pcrs-uk.org/conference/2024/abstracts>.

Reflecting on the event, Conference Organising Committee Chair, Darush Attar-Zadeh said: "What sets the PCRS Conference apart is the fantastic networking opportunities throughout the day, continuing into the lively evening dinner and disco. It's the perfect mix of professional growth and social connection, making it a must-attend event for anyone in respiratory health."

Each year, we say it's our best yet—and this year truly delivered! With new insights, fresh perspectives, and a shared commitment to better patient outcomes, we're already looking forward to what next year has in store. **Save the dates in your diary – 18th–20th September – so you don't miss out!** <https://www.pcrs-uk.org/conference>



“ The PCRS Conference is a phenomenal event, uniting passionate professionals and supporting the next generation of respiratory leaders. Fun, engaging, and highly educational - if you have even the slightest interest in improving respiratory patient care, this is the place to be. ”

Katherine Hickman, PCRS Chair

“ Everything about the conference was excellent - it is simply the best, most practical and relevant conference I attend each year. ”



“ I always come away inspired with so many new connections - just the best conference ”



“ The format was very professional yet informal and welcoming - a hard balance to strike but it was achieved in spades. Would recommend the conference wholeheartedly. ”



“ Continues to be the most welcoming and friendly conference, with valuable updates and good translation to practice. ”



“ I really liked the effort to make Team Solo feel comfortable - the dedicated seating area in Ironbridge was great, as well as our own tables for the Friday dinner! ”

