

# Clinical Leadership



## Project planning and implementation in a cash-strapped NHS 8-9 June 2018, Hilton Sheffield

Workshop Chairs: [Melissa Canavan](#), [Stephen Gaduzo](#)  
Facilitators: [Noel Baxter](#), [Deirdre Siddaway](#), [Carol Stonham](#), [Liz Wilson](#)  
Speaker: [Catherine Blackaby](#)  
Policy Lead: [Bronwen Thompson](#)  
Research: [Luke Daines](#)

The NHS is changing at a rapid pace with little money to make the changes needed. We have to work and think differently if we are to improve care. This workshop will help you make changes through initiating projects in your local area. This can be large scale change at CCG level or a small change in practice. We will give you the tools to help change happen, keep it moving and communicate it with others. The workshop will also include sessions on

- critiquing conference posters;
- using policy to create context for your project; and
- introducing you to mindfulness and meditation techniques
- These will all help you to be more effective in your workplace

### Friday 8 June

1230-1315	Arrive and buffet lunch	
1315-1330	<b>Introduction and aims of the workshop</b> In this session you will have an opportunity to get to know your fellow delegates so you can make the most of networking throughout the event	Melissa Canavan, Stephen Gaduzo
1330-1400	<b>Hopes and fears</b> Working with members of Leaders Faculty who are all experienced leaders and respiratory clinicians, you will share with colleagues your hopes and fears for these two days, so that you leave feeling your time has been well spent	Melissa Canavan, Stephen Gaduzo
1400-1445	<b>Getting value for money</b> Right care and value based healthcare - what are these and how do we implement them?	Noel Baxter
1445-1545	<b>The secrets to make your project happen</b> We will introduce and try out some of the tools, techniques and approaches that you can use to get your project underway and enhance your chances of success	Catherine Blackaby
1545-1615	Coffee break	
1615-1700	<b>News from the NHS: using policy to your advantage</b> How understanding the policy environment can enhance your project	Bronwen Thompson
1700-1800	<b>Learning to control your monkey mind (mindfulness session)</b> Our working lives can be busy and stressful, and we need to learn to look after ourselves. This session will introduce some ways of dealing with stress through meditation and mindfulness	Melissa Canavan
1930-2000	Drinks	All
2000	Dinner	All



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## Saturday 9 June

0830-0840	Review of day 1: Invitation to be mindful	Melissa Canavan, Stephen Gaduzo
0840-1010	<b>Critical analysis skills for clinical leaders</b> Two delegates who will have been offered in advance an opportunity to review a conference poster will feedback to the group about the strengths and weaknesses of the poster, and how it may influence their practice. Luke (Academic GP, University of Edinburgh) will then extend the discussion by recommending practical tips for critical analysis of scientific abstracts/papers	Luke Daines
1010-1045	Coffee break and check-out	
1045-1100	PCRS-UK update and news	Noel Baxter
1100-1215	<b>Keeping focused and moving forward</b> What can you do to avoid some of the common pitfalls, and maintain momentum and focus as your project progresses?	Catherine Blackaby
1215-1245	<b>Promoting and presenting persuasively</b> Considering ways of raising awareness of your project and promoting it	Melissa Canavan, Stephen Gaduzo
1245-1330	Lunch	
1330-1500	<b>Practical session</b> Working in small groups, you will have the opportunity to apply some of the learning from the workshop to develop your own project and identify key points to take away, with support and feedback from other groups and faculty	
1500-1530	<b>Revisit hopes and fears</b> Revisit hopes and fears from day 1 to check objectives achieved and fears avoided	
1530	Summary and close	Melissa Canavan, Stephen Gaduzo

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Registered offices: PCRS-UK, Miria House, 1683b High Street, Knowle, Solihull, West Midlands, B93 0LL  
**Telephone:** +44 (0)1675 477600 **Facsimile:** +44 (0) 121 336 1914 **Email:** [info@pcrs-uk.org](mailto:info@pcrs-uk.org) **Website:** <http://www.pcrs-uk.org>