### Fit for the Future: a holistic approach to respiratory care
14th-15th October 2016, Telford International Centre

#### Thursday 13th October 2016

<table>
<thead>
<tr>
<th>HOURS</th>
<th>The practical management of diagnosed respiratory breathlessness (AstraZeneca satellite symposium)</th>
</tr>
</thead>
</table>
| 1830-2000     | The patient's perspective  
Chairman’s introduction – Noel Baxter  
The patient’s perspective  
Fit for the future: five year forward view for respiratory care  
Panel discussion including Samantha Walker, Penny Woods |

#### Friday 14th October 2016

| HOURS         | Opening plenary - Fit for the future  
Chairman’s introduction – Noel Baxter  
The patient’s perspective  
Fit for the future: five year forward view for respiratory care  
Panel discussion including Samantha Walker, Penny Woods |
|---------------|--------------------------------------------------------------------------------------------------|
| 0855-1000     | Promoting early and accurate diagnosis  
Co-Chairs: Azhar Saleem/Alex Woodward  
Learning from breathlessness media campaigns  
Mick Peake / Amanda Boughey  
A model for accurate respiratory diagnosis – A population approach in Newcastle  
Graham Burns |
|               | Research presentations - in conjunction with npj Primary Care Respiratory Medicine  
PCRS-UK 2 (Coalport 1)  
PCRS-UK 3 (Coalport 2) |
| 1010-1100     | Air quality and its impact on lung disease  
Co-Chairs: Penny Woods/Iain Small  
Air pollution and lung disease – our role in helping people with respiratory conditions to manage  
Frank Kelly  
Tobacco smoke: our role in protecting developing lungs  
Martin Jarvis |
|               | Abstract presentations  
Medicines Optimization  
Co-Chairs: Tim Harries/Basil Penney  
1010-1020 39 Aneurin Bevan University Health Board Community Pharmacy Respiratory Medicines Adherence Project  
Cursus MC, Reynolds I, Evans RJ, Bright S  
1020-1030 32 The use of electronic alerts in primary care computer systems to identify the overuse of short acting beta2-agonists in people with asthma: a systematic review  
McKibben S, De Simone A, Bush A, Thomas M, Griffiths C  
1030-1040 63 ‘I’m hoping for some advice…’. Barriers and facilitators to adherence to inhaler therapy in adolescents with asthma: insights from an online forum  
De Simone A, Griffiths C  
1040-1050 4 Stepping down high dose steroids in asthma patients using SIMPLES approach  
Melissa Canavan  
1050-1100 52 Self-fill oxygen systems - benefits for patients, healthcare providers and the environment  
Phyllis Murphy |
| 1100-1130     | Refreshments |

The programme is colour coded and co-ordinates with the relevant signage for each meeting room.
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**Friday 14th October 2016 continued**

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<tr>
<th>HOURS</th>
<th>Thinking beyond the lungs - essential clinical updates</th>
<th>Fit for the Future - service development sessions</th>
<th>Research presentations - in conjunction with npj Primary Care Respiratory Medicine</th>
<th>Interactive workshops - in conjunction with Education for Health</th>
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</table>
| 1130-1215 | Convincing respiratory patients of the value of exercise  
Co-Chairs: Monica Fletcher/Kevin Gruffydd-Jones  
The psychology of exercise  
William Bird | Urgent and emergency care  
Co-Chairs: Helen Ward/Vikki Knowles  
Avoidable admissions: The role of the ambulance services in providing integrated respiratory care  
Andy Collen  
Why does the breathless patient end up in A&E? Breathlessness behaviour  
Ann Hutchinson | Abstract presentations  
Self-management and changing behaviours  
Co-Chairs: Luke Daines/Stephanie Taylor  
1130-1139 24 The features patients ‘want’ in a smartphone app to support asthma self-management: a review of the online discussion forums  
Hu C, Walton R, McKinstry B, Wolters M, Vasileiou E, Pinnock H  
1139-1148 28 Owning My Asthma; An enhanced self-management initiative for 14-19 year olds  
Lynch S, Huqpee M, Kearney S  
1148-1157 16 “It lifts your spirits and you come away feeling lighter” – patient experience of British Lung Foundation singing groups  
McKee H, Hopkinson N, Cave P, McDermott M  
1157-1206 64 The Power of Spirometry as a “teachable moment” to “INSPIRE” Smoking Cessation  
Houghton I, Heyes L | Templates in respiratory care: friend or foe?  
Chair: Thea Oliver  
Anne Rodman/Carol Stonham |

| 1220-1305 | Is there a role for inhaled corticosteroids in the management of COPD? (Pfizer sponsored symposium)  
Chair: Andrew Whittamore  
Dr Alyn Monice | This symposium has been developed in conjunction with PCRS-UK to ensure it complements the main programme |

<table>
<thead>
<tr>
<th>1305-1405</th>
<th>Lunch</th>
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| 1405-1450 | The importance of physical exercise (Boehringer Ingelheim sponsored symposium)  
PCRS-UK has been involved in the development of this symposium to ensure it complements the main programme |

| 1500-1545 | Respiratory disease in adolescence  
Co-Chairs: Samantha Walker/Duncan Keeley  
Transforming care for teenagers with asthma  
Louise Fleming  
Living with asthma as a teenager  
Aaron Sparks | New models of delivering high quality respiratory care  
Chair: Val Gerrard  
Intelligent decision support tools - Choosing medicines responsibly  
Azhar Salter/Ben Rehman  
The GP extensivist role. A new model for people requiring complex care  
Joanne Cummings | Poster walkaround session  
Research (The Gallery)  
Co-Chairs: Paul Stephenson/Martyn Partridge | Breaking news to respiratory patients  
Steve Holmes/Jill Wilson/Rachel Vowles/Martin Reeve |

| 1545-1615 | Refreshments - Additional refreshments available in poster area (The Gallery) |
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**Friday 14th October 2016 continued**

| HOURS | Thinking beyond the lungs - essential clinical updates  
| --- | PCRS-UK 1 (Ironbridge 1)  
| Personalising care for the breathless patient  
Co-Chairs: Stephen Gaduzo/Lianne Jongepier  
Personalising care for the breathless patient – Living with breathlessness study  
Morag Farquhar  
Holistic management of chronic breathlessness  
Minam Johnson  
| 1615-1705 |  
| Designing services for people with complex illness  
Co-Chairs: Louise Restrick/Clare Cook  
The London approach to reducing harm from oxygen fires – Health and Fire Brigade sharing experiences to enable change  
Irem Patel  
Working with harder to reach groups at higher risk of respiratory illness and poorer outcomes – A pragmatic approach  
Caroline Jolley  
| Fit for the Future - service development sessions  
PCRS-UK 2 (Coalport 1)  
| Poster walkthrough session  
Best practice (The Gallery)  
Co-Chairs: Helen Ashdown/Daryl Freeman  
| Research presentations -  
in conjunction with npj Primary Care Respiratory Medicine  
PCRS-UK 3 (Coalport 2)  
| Interactive workshops -  
in conjunction with Education for Health  
PCRS-UK 4 (Wenlock 1)  
| Changing patient behaviour  
Steve Holmes/Jill Wilson/Rachel Vowles/Martin Reeve  
| 1710-1755 | Where clinical trials meet the real world – the Salford Lung Study - relevance for your COPD Patients in everyday clinical practice (GlaxoSmithKline sponsored symposium)  
Co-Chairs: To be confirmed  
Speaker: Professor Ronald Dahl, GSK Global Medical Expert, adjugated Professor, Respiratory Diseases, Aarhus University, Denmark and Allergy Centre, Odense University Hospital & University of Southern Denmark  
| 1800-1845 | Respiratory Challenge  
Chair: Anne Rodman  
Question master: Steve Holmes  
Generalists: Stephen Gaduzo, Carol Stonham, Sally King, Sanjay Tanna  
vs  
Respiratory specialists: Sandy Walmsley, Clare Cook, Anna Murphy, A N Other |
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### Saturday 15th October 2016

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<tr>
<th>HOURS</th>
<th>PCRS-UK AGM (Breakfast to be served from 0730 hours) (PCRS-UK 3 - Coalport 2)</th>
<th>Research presentations - in conjunction with npj Primary Care Respiratory Medicine (PCRS-UK 3 - Coalport 2)</th>
<th>Interactive workshops - in conjunction with Education for Health (PCRS-UK 4 - Wenlock 1)</th>
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</table>
| 0745-0845 | **Thinking beyond the lungs - essential clinical updates**  
PCRS-UK 1 (Ironbridge 1) | **Sustainable respiratory services through workforce transformation**  
Co-Chairs: Deidre Siddaway/Adedayo Kuku  
The benefit of GP pharmacists in General Practice  
Ravi Sharma  
How to make psychology routine in respiratory care  
Jane Hutton / Danny O'Toole | Helping patients live with breathlessness – the practicalities  
Chair: Kelly Redden-Rowley  
Sally King |
| 0855-0945 | **Therapeutic options to reduce tobacco dependency**  
Co-Chairs: Andrew Whittamore/Ren Lawlor  
Darush Attar | **Abstracts presentations**  
Interventions to improve diagnosis and reduce poor outcomes  
Co-Chairs: Samantha Walker/Mike Thomas  
0855-0905  44 Signs of breathlessness: integrated case-finding project  
Langstaff J, Matheson C, Dominey R, Brown V, Roberts C, Lanning E, Chauhan AJ | |
|           | 0905-0915  67 Reducing unplanned care through CBT for people with COPD  
Lim KK, Bolton CE, Horrocks MD  
0915-0925  42 Admission Avoidance for COPD patients: a Specialist Nurse-led approach (over word count)  
Karen Cox, Sue Macleod, Caroline Sm, Jacqui Trueman  
0925-0935  25 PLEASANT: Preventing and Lessening Exacerbations of Asthma in School-age children Associated with a New Term – A Cluster Randomised Controlled Trial and economic evaluation  
Julious SA, Horspool M  
0935-0945  66 Rotherham’s response to NRAD 2014  
Price K, Miles J, Miles G | |
| 0945-1035 | **Managing the ‘difficult ones’: what can we do to help with severe and uncontrolled asthma (Novartis sponsored symposium)**  
Every person matters - size of the problem  
Steve Holmes  
What do we do with severe and uncontrolled asthma?  
Rob Niven | This symposium has been developed in conjunction with PCRS-UK |
| 1035-1110 | **Refreshments** | | |

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<td>Living and Dying with Progressive Lung Disease</td>
<td>Treating tobacco dependency: everyone’s business</td>
<td>Abstracts presentations</td>
<td>Simplifying spirometry interpretation – a step by step guide</td>
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<td></td>
<td>Co-Chairs: Patrick White/Sandy Walmsley</td>
<td>Co-Chairs: Debbie Roots/Helen Ward</td>
<td>Co-Chairs: Helen Ashdown/Patrick White</td>
<td>Chair: Christine Ennor</td>
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<td></td>
<td>Elin Roddy</td>
<td>Treating tobacco dependency in the harder to reach primary care population</td>
<td>What drives initial inhaled corticosteroid prescribing decisions in newly diagnosed COPD? A CPRD study</td>
<td>Facilitator: Oonagh Potts</td>
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<td>Sonia Simkins</td>
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<td>Christine Loveridge</td>
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<td><strong>1200-1305</strong></td>
<td>Grand Round</td>
<td>Prescribing decisions</td>
<td>Acid-suppressive medications during pregnancy and risk of asthma and allergy in children: a systematic review and meta-analysis</td>
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<td>Chair: Noel Baxter</td>
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<td>Devine RE, McClory N, Sheikh A, Novara BI</td>
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<td>Facilitator: Paul Stephenson</td>
<td>1110-1119 34</td>
<td>1128-1137 49</td>
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<td></td>
<td>Panel: Andrew Whittamore, Beverley Bostock-Cox, Ravi Sharma</td>
<td>Is the ‘blue’ colour convention for inhaled reliever medications important? A UK based survey of healthcare professionals and patients with airways disease</td>
<td>Acid-suppressive medications during pregnancy and risk of asthma and allergy in children: a systematic review and meta-analysis</td>
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<td><strong>1305-1315</strong></td>
<td>Conference close</td>
<td>BTS step therapy and control status in a large cohort of patients in the UK</td>
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<td>1137-1146 9/15</td>
<td>1146-1155 62</td>
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<td>Review of the use of high dose inhaled corticosteroids in people with asthma aged 12 or over in primary care</td>
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<td>Vikki Knowles, Rachel Mackay, Darren Watts</td>
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