



# QUESTION & CHALLENGE CARDS

Health and Care  
Professionals





# QUESTION & CHALLENGE CARDS

## HEALTH AND CARE PROFESSIONALS

These cards are a way to trigger conversations and for you to share your thinking with others. We invite you to use them to start a discussion!

## INSTRUCTIONS

1. Split into pairs or small groups
2. Choose a card from the pack
3. Read the question or comment
4. Take a few minutes to discuss the question or comment on the card and note down your key discussion points
5. Choose another card and follow steps 3 and 4 above
6. Feed back your discussion points to the full team/meeting

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**What does the term  
“rescue” or “reliever”  
asthma treatment mean  
for the patient?**

**Could another term be  
more appropriate?**

**For example, “emergency”  
treatment (where the reliever  
is blue, and emergency services  
have blue lights, this might be a  
good analogy).**



**Who do you book your patient's  
follow-up appointment with  
when a SABA is  
prescribed/dispensed?**

**General practitioner/family  
doctor or nurse?**



**Is SABA indicated as a repeat prescription?**

**What would be the main reasons?**

**What would be the cut-off point of number of SABA inhalers per year?**





**How many dispensed inhaled corticosteroid (ICS) inhalers for asthma should flag an alarm in the medical records system?  
(For low adherence)**



**How many dispensed SABA inhalers should flag an alarm in the medical records system?  
(For over-reliance)**



**Do you think SABA should be available in pharmacies as an emergency medicine for asthma when health centres/ GP practices are closed and the patient has run out?**

**Or should the patient be sent to an emergency department?**



**Pharmacists sometimes detect that the patient has been dispensed more than 4 SABA inhalers in a year.**

**Do you think it is important to improve the communication between the doctor and the pharmacist in these circumstances?**

**How?**





**How many patients  
on your practice register are  
on 12 or more SABAs a year –  
what would it take to review  
them?**

