QUESTION & CHALLENGE CARDS

Health and Care Professionals
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HEALTH AND CARE PROFESSIONALS

These cards are a way to trigger conversations and for you to share your thinking with others. We invite you to use them to start a discussion!

INSTRUCTIONS

1. Split into pairs or small groups
2. Choose a card from the pack
3. Read the question or comment
4. Take a few minutes to discuss the question or comment on the card and note down your key discussion points
5. Choose another card and follow steps 3 and 4 above
6. Feed back your discussion points to the full team/meeting

This resource has been produced as part of the PCRS Asthma Right Care (ARC) initiative, which is part of a wider global social movement initiated by the IPCRG; see https://www.pcrs-uk.org/arc for further information. The PCRS is grateful to AstraZeneca for supporting the ARC initiative in the UK through an educational grant and secondment of a programme manager. AstraZeneca played no part in the creation of the resource.

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What does the term “rescue” or “reliever” asthma treatment mean for the patient?

Could another term be more appropriate?

For example, “emergency” treatment (where the reliever is blue, and emergency services have blue lights, this might be a good analogy).
Who do you book your patient’s follow-up appointment with when a SABA is prescribed/dispensed?

General practitioner/family doctor or nurse?
Is SABA indicated as a repeat prescription?

What would be the main reasons?

What would be the cut-off point of number of SABA inhalers per year?
How many dispensed inhaled corticosteroid (ICS) inhalers for asthma should flag an alarm in the medical records system? (For low adherence)
How many dispensed SABA inhalers should flag an alarm in the medical records system? (For over-reliance)
Do you think SABA should be available in pharmacies as an emergency medicine for asthma when health centres/GP practices are closed and the patient has run out? Or should the patient be sent to an emergency department?
Pharmacists sometimes detect that the patient has been dispensed more than 4 SABA inhalers in a year.

Do you think it is important to improve the communication between the doctor and the pharmacist in these circumstances?

How?
How many patients on your practice register are on 12 or more SABAs a year – what would it take to review them?