Is your asthma in the hands of the pilot or are you relying on the co-pilot three or more times a week?

The captain of your asthma care should be your regular preventer inhaler, not the co-pilot blue inhaler. If you feel that you are reliant on your blue inhaler, then you are likely to have uncontrolled asthma. Regular overuse of your blue inhaler puts you more at risk of having an asthma attack.¹

If you are experiencing frequent asthma symptoms and taking 3 or more inhalations* a week of your blue inhaler, let’s talk about your asthma care and how we can help you. Book a review with your pharmacist TODAY


* One to two puffs per inhalation (dose)

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Primary Care Respiratory Society. Charity Number 1098117 Company Number 4298947 VAT Registration Number 866 1543 09 Registered office Mira House, 1683b High Street, Knowle, B93 0LL Telephone +44 (0)1675 477600 Email info@pcrs-uk.org Website https://www.pcrs-uk.org