

# Resources

- Association of Respiratory Nurse Specialists: <https://arns.co.uk>
- Asthma UK inhaler videos  
<https://www.asthma.org.uk/advice/inhaler-videos/>
- BTS SIGN Asthma guideline 2019 <https://www.brit-thoracic.org.uk/quality-improvement/guidelines/asthma/>
- GINA Asthma Guideline 2019 <https://ginasthma.org/pocket-guide-for-asthma-management-and-prevention/>
- National Review of Asthma Deaths – what did we learn? Levy (2015)  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4487386/>

# Resources

- Asthma Rightcare: [www.ipcrg.org/asthmarightcare](http://www.ipcrg.org/asthmarightcare)
- Primary Care Respiratory Society: [www.pcrs-uk.org](http://www.pcrs-uk.org)
- Cole S et al (2013) The blue one takes a battering: why do young adults with asthma overuse bronchodilator inhalers? A qualitative study *BMJ Open* **3**:e002247. doi: 10.1136/bmjopen-2012-002247
- Pharmaceutical Journal (2020) Why we must urgently rethink prescribing short-acting bronchodilators for asthma  
[www.pharmaceutical-journal.com](http://www.pharmaceutical-journal.com)
- [bev@godivapct.co.uk](mailto:bev@godivapct.co.uk)