

# Countdown to



## The PCRS Respiratory Conference 2019 19th-21st September, Telford International Centre



As we finalise our preparations for the PCRS Respiratory Conference 2019, we are looking forward to welcoming delegates to our event which is the highlight of the calendar for healthcare professionals working in primary and community-based respiratory care.

PCRS Chair-Elect Carol Stonham says:

“ This year there are some really interesting speakers who will give you all the latest information about respiratory care, make sure you’re up to date and give you some practical tips to improve what you do every day. ”

**The programme offers something for everyone with five streams plus satellite clinical sessions held in conjunction with our pharmaceutical partners.**

### The clinical stream

Clinical symposia will ensure you are up to date with the latest clinical developments. This year, as well as focusing on the ‘patient with asthma’ or the ‘patient with COPD’, this stream covers broader issues such as managing cough, respiratory-related allergy, how to reduce patients’ over-reliance on short-acting beta agonists (SABA) and respiratory disease in the context of the frail and elderly patient with comorbidities. There will be an update on the latest COPD guidelines and a session

that will bring delegates up to date with recent high quality published respiratory research papers.

### Practical skills workshops

Our popular practical skills workshops run in conjunction with Education for Health give you an opportunity to improve your hands-on skills. Topics cover: cognitive behaviour therapy, interpreting spirometry, helping people to change, COPD, smoking cessation techniques, getting your patient moving, supported self-

PCRS member Garry Macdonald, a pharmacist, describes the Conference as a family reunion for respiratory healthcare professionals.

“ We are a round table organisation where no profession is superior to any other. This is a great environment to share and learn from other professions. ”

Clare Cook, co-Chair of the PCRS Respiratory Leadership Programme Board, says what she loves most about coming to the PCRS Conference is not only to hear about the latest innovation in respiratory care but also to touch base with what she calls the 'nuts and bolts' of respiratory care such as smoking cessation, spirometry interpretation, inhaler technique, sarcopenia and nutrition.

**“ As we all know, it's getting the basics right that can be the cornerstone of improving a patient's quality of life. Also the conference offers such value for money, especially as dinner and a disco is included. The mix of formal education, debate and dancing make the conference a great place to meet colleagues working in specialist and unique roles across respiratory services. ”**

management and nutrition, using the Right Breathe app, sarcopenia and respiratory disease.

### The service development stream

If you are interested in improving respiratory services, the service development stream will give you inspiration on providing innovative and sustainable change. Speakers will be discussing topics ranging from how to re-design services for the seldom reached and hardly heard patient, how to make the best use of the skills of allied health professionals in the respiratory pathway and how to run effective group consultations. There will be plenty of new ideas to be gained from delegates presenting their Best Practice abstracts.

### Plenaries

The plenaries offer delegates a chance to hear how the NHS Long Term Plan will impact on respiratory care and reshape services, learn how to optimally manage breathlessness and better understand how to diagnose respiratory disease.

### The research stream

The PCRS conference is the only UK event in the academic calendar with a stream entirely dedicated to primary care respiratory research, showcasing the cutting edge of respiratory scientific research in primary care.

### Dedicated sessions for professions and taster sessions

This year for the first time we are running discipline-

specific sessions for GPs and practice nurses, physiotherapists, pharmacists, respiratory nurse specialists and physicians working in integrated respiratory care services. There will also be a taster session for anyone interested in finding out more about the PCRS Respiratory Clinical Leadership Programme.

### Inspiring primary care respiratory research and researchers and PCRS affiliated groups

On the afternoon prior to the Conference we are holding a workshop for early and mid-career academic respiratory researchers and a meeting for local affiliated group leaders and anyone interested in becoming a group leader.

PCRS Executive Chair Dr Noel Baxter says the PCRS Conference always gives him some practical tips to take home and implement in his practice.

**“ Last year the fantastic e-cigarette myth buster session really helped me to feel more confident when discussing with patients the recommendations from Public Health England around the use of these tools in supporting quit attempts and harm reduction from tobacco. This story isn't going away and I am sure will be a hot topic of discussion in our PCRS channels. ”**



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Put the date  
in your diary!

The must-attend event of the year for  
all healthcare professionals interested  
in developing best-practice and  
integrated respiratory care.

● **Enhancing** ● **Integrated** ● **Holistic** ● **Life-Learning**

The PCRS Respiratory Conference is the UK's leading respiratory conference.

Its aim is to inspire delegates to discover new ways of working with patients and colleagues, helping them to respond positively to the challenges of primary and community care. Attendees will be able create a brighter future for respiratory patients and a level of greater job satisfaction for themselves.



This is a Conference of benefit to all respiratory care professionals and people involved with multi-morbidities and health disciplines involving respiratory care.

Sessions are designed to be of equal interest regardless of where in the UK you are working. The Telford International Centre is an acclaimed conference venue, within easy reach from anywhere in the UK via road, train and air.

**Register Now**

To register for this event, please visit [www.pcrs-uk.org/annual-conference](http://www.pcrs-uk.org/annual-conference) to book your place. Registration rates are discounted if you are a PCRS Member.



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